

Women 50-59

Event	50	51	52	53	54	55	56	57	58	59
800m	0.8918	0.8806	0.8693	0.8581	0.8468	0.8356	0.8239	0.8121	0.8004	0.7886
1000m	0.8771	0.8661	0.8549	0.8439	0.8327	0.8217	0.8103	0.7988	0.7874	0.7759
1500m	0.8403	0.8297	0.819	0.8083	0.7976	0.7869	0.7763	0.7656	0.7549	0.7442
1Mile	0.8416	0.8309	0.8202	0.8095	0.7988	0.7881	0.7774	0.7667	0.756	0.7453
2km	0.8454	0.8347	0.8239	0.8132	0.8024	0.7916	0.7809	0.7701	0.7594	0.7486
3km	0.8527	0.8419	0.831	0.8201	0.8092	0.7984	0.7875	0.7766	0.7657	0.7549
2Mile	0.854	0.8431	0.8322	0.8213	0.8104	0.7995	0.7886	0.7777	0.7668	0.7559
4km	0.8581	0.8471	0.8361	0.8252	0.8142	0.8033	0.7923	0.7814	0.7704	0.7594
3Mile	0.8616	0.8506	0.8396	0.8286	0.8176	0.8066	0.7955	0.7845	0.7735	0.7625
5kmRoad	0.8747	0.8638	0.8529	0.842	0.8311	0.8202	0.8093	0.7984	0.7875	0.7766
5km	0.8623	0.8512	0.8402	0.8292	0.8182	0.8072	0.7961	0.7851	0.7741	0.7631
6kmRoad	0.8747	0.8638	0.8529	0.842	0.8311	0.8202	0.8093	0.7984	0.7875	0.7766
6km	0.866	0.8548	0.8437	0.8325	0.8214	0.8102	0.7991	0.7879	0.7768	0.7657
4MileRoad	0.8747	0.8638	0.8529	0.842	0.8311	0.8202	0.8093	0.7984	0.7875	0.7766
4Mile	0.8674	0.8562	0.845	0.8338	0.8226	0.8114	0.8002	0.789	0.7778	0.7666
8kmRoad	0.8747	0.8638	0.8529	0.842	0.8311	0.8202	0.8093	0.7984	0.7875	0.7766
8km	0.872	0.8607	0.8493	0.838	0.8266	0.8153	0.804	0.7926	0.7813	0.7699
5MileRoad	0.8747	0.8638	0.8529	0.842	0.8311	0.8202	0.8093	0.7984	0.7875	0.7766
5Mile	0.8722	0.8608	0.8495	0.8381	0.8268	0.8154	0.8041	0.7927	0.7814	0.77
10kmRoad	0.8747	0.8638	0.8529	0.842	0.8311	0.8202	0.8093	0.7984	0.7875	0.7766
10km	0.877	0.8655	0.854	0.8425	0.831	0.8195	0.808	0.7965	0.785	0.7735
12km	0.8747	0.8638	0.8529	0.842	0.8311	0.8202	0.8093	0.7984	0.7875	0.7766
15km	0.8747	0.8638	0.8529	0.842	0.8311	0.8202	0.8093	0.7984	0.7875	0.7766
10Mile	0.8747	0.8638	0.8529	0.842	0.8311	0.8202	0.8093	0.7984	0.7875	0.7766
20km	0.862	0.8511	0.8402	0.8293	0.8184	0.8075	0.7966	0.7857	0.7748	0.7639
Half.Mar	0.8588	0.8479	0.837	0.8261	0.8152	0.8043	0.7934	0.7825	0.7716	0.7607
25km	0.8559	0.845	0.8341	0.8232	0.8123	0.8014	0.7905	0.7796	0.7687	0.7578
30km	0.8527	0.8418	0.8309	0.82	0.8091	0.7982	0.7873	0.7764	0.7655	0.7546
Marathon	0.8469	0.836	0.8251	0.8142	0.8033	0.7924	0.7815	0.7706	0.7597	0.7488
50km	0.8469	0.836	0.8251	0.8142	0.8033	0.7924	0.7815	0.7706	0.7597	0.7488
50Mile	0.8469	0.836	0.8251	0.8142	0.8033	0.7924	0.7815	0.7706	0.7597	0.7488
100km	0.8469	0.836	0.8251	0.8142	0.8033	0.7924	0.7815	0.7706	0.7597	0.7488
150km	0.8469	0.836	0.8251	0.8142	0.8033	0.7924	0.7815	0.7706	0.7597	0.7488
100Mile	0.8469	0.836	0.8251	0.8142	0.8033	0.7924	0.7815	0.7706	0.7597	0.7488
200km	0.8469	0.836	0.8251	0.8142	0.8033	0.7924	0.7815	0.7706	0.7597	0.7488