

Women 60-69

Event	60	61	62	63	64	65	66	67	68	69
800m	0.7769	0.7621	0.7473	0.7324	0.7176	0.7028	0.6893	0.6759	0.6624	0.649
1000m	0.7645	0.7509	0.7373	0.7236	0.7099	0.6963	0.6836	0.671	0.6583	0.6457
1500m	0.7335	0.7229	0.7122	0.7015	0.6908	0.6801	0.6695	0.6588	0.6481	0.6374
1Mile	0.7346	0.7239	0.7132	0.7025	0.6918	0.6811	0.6704	0.6597	0.649	0.6383
2km	0.7378	0.7271	0.7163	0.7056	0.6948	0.684	0.6733	0.6625	0.6518	0.641
3km	0.744	0.7331	0.7222	0.7114	0.7005	0.6896	0.6787	0.6678	0.657	0.6461
2Mile	0.745	0.7341	0.7232	0.7123	0.7014	0.6906	0.6797	0.6688	0.6579	0.647
4km	0.7485	0.7375	0.7266	0.7156	0.7047	0.6937	0.6827	0.6718	0.6608	0.6499
3Mile	0.7515	0.7405	0.7295	0.7185	0.7075	0.6965	0.6854	0.6744	0.6634	0.6524
5kmRoad	0.7657	0.7548	0.7439	0.733	0.7221	0.7112	0.7003	0.6894	0.6785	0.6676
5km	0.7521	0.741	0.73	0.719	0.708	0.697	0.6859	0.6749	0.6639	0.6529
6kmRoad	0.7657	0.7548	0.7439	0.733	0.7221	0.7112	0.7003	0.6894	0.6785	0.6676
6km	0.7545	0.7434	0.7322	0.7211	0.7099	0.6988	0.6876	0.6765	0.6653	0.6542
4MileRoad	0.7657	0.7548	0.7439	0.733	0.7221	0.7112	0.7003	0.6894	0.6785	0.6676
4Mile	0.7554	0.7443	0.7331	0.7219	0.7107	0.6995	0.6883	0.6771	0.6659	0.6547
8kmRoad	0.7657	0.7548	0.7439	0.733	0.7221	0.7112	0.7003	0.6894	0.6785	0.6676
8km	0.7586	0.7472	0.7359	0.7245	0.7132	0.7019	0.6905	0.6792	0.6678	0.6565
5MileRoad	0.7657	0.7548	0.7439	0.733	0.7221	0.7112	0.7003	0.6894	0.6785	0.6676
5Mile	0.7587	0.7473	0.736	0.7246	0.7133	0.7019	0.6906	0.6792	0.6679	0.6565
10kmRoad	0.7657	0.7548	0.7439	0.733	0.7221	0.7112	0.7003	0.6894	0.6785	0.6676
10km	0.762	0.7505	0.739	0.7275	0.716	0.7045	0.693	0.6815	0.67	0.6585
12km	0.7657	0.7548	0.7439	0.733	0.7221	0.7112	0.7003	0.6894	0.6785	0.6676
15km	0.7657	0.7548	0.7439	0.733	0.7221	0.7112	0.7003	0.6894	0.6785	0.6676
10Mile	0.7657	0.7548	0.7439	0.733	0.7221	0.7112	0.7003	0.6894	0.6785	0.6676
20km	0.753	0.7421	0.7312	0.7203	0.7094	0.6985	0.6876	0.6767	0.6658	0.6549
Half.Mar	0.7498	0.7389	0.728	0.7171	0.7062	0.6953	0.6844	0.6735	0.6626	0.6517
25km	0.7469	0.736	0.7251	0.7142	0.7033	0.6924	0.6815	0.6706	0.6597	0.6488
30km	0.7437	0.7328	0.7219	0.711	0.7001	0.6892	0.6783	0.6673	0.6559	0.6441
Marathon	0.7377	0.7265	0.7151	0.7034	0.6915	0.6794	0.6671	0.6545	0.6417	0.6288
50km	0.7377	0.7265	0.7151	0.7034	0.6915	0.6794	0.6671	0.6545	0.6417	0.6288
50Mile	0.7377	0.7265	0.7151	0.7034	0.6915	0.6794	0.6671	0.6545	0.6417	0.6288
100km	0.7377	0.7265	0.7151	0.7034	0.6915	0.6794	0.6671	0.6545	0.6417	0.6288
150km	0.7377	0.7265	0.7151	0.7034	0.6915	0.6794	0.6671	0.6545	0.6417	0.6288
100Mile	0.7377	0.7265	0.7151	0.7034	0.6915	0.6794	0.6671	0.6545	0.6417	0.6288
200km	0.7377	0.7265	0.7151	0.7034	0.6915	0.6794	0.6671	0.6545	0.6417	0.6288