

**Women 70-79**

<b>Event</b>	<b>70</b>	<b>71</b>	<b>72</b>	<b>73</b>	<b>74</b>	<b>75</b>	<b>76</b>	<b>77</b>	<b>78</b>	<b>79</b>
<b>800m</b>	0.6355	0.6205	0.6054	0.5904	0.5753	0.5603	0.547	0.5336	0.5203	0.5069
<b>1000m</b>	0.633	0.6192	0.6054	0.5916	0.5778	0.564	0.5515	0.5389	0.5263	0.5137
<b>1500m</b>	0.6267	0.6161	0.6054	0.5947	0.584	0.5733	0.5627	0.552	0.5413	0.5306
<b>1Mile</b>	0.6276	0.6169	0.6062	0.5955	0.5848	0.5741	0.5634	0.5527	0.542	0.5313
<b>2km</b>	0.6302	0.6195	0.6087	0.598	0.5872	0.5764	0.5657	0.5549	0.5442	0.5334
<b>3km</b>	0.6352	0.6243	0.6135	0.6026	0.5917	0.5808	0.57	0.5591	0.5482	0.5373
<b>2Mile</b>	0.6361	0.6252	0.6143	0.6034	0.5925	0.5816	0.5707	0.5598	0.5489	0.538
<b>4km</b>	0.6389	0.628	0.617	0.606	0.5951	0.5841	0.5732	0.5622	0.5513	0.5401
<b>3Mile</b>	0.6414	0.6304	0.6194	0.6084	0.5974	0.5864	0.5753	0.5643	0.5533	0.5419
<b>5kmRoad</b>	0.6567	0.6458	0.6349	0.624	0.6131	0.6022	0.5913	0.5804	0.5695	0.5586
<b>5km</b>	0.6419	0.6308	0.6198	0.6088	0.5978	0.5868	0.5757	0.5647	0.5537	0.5422
<b>6kmRoad</b>	0.6567	0.6458	0.6349	0.624	0.6131	0.6022	0.5913	0.5804	0.5695	0.5586
<b>6km</b>	0.643	0.6319	0.6208	0.6096	0.5985	0.5873	0.5762	0.565	0.5539	0.5426
<b>4MileRoad</b>	0.6567	0.6458	0.6349	0.624	0.6131	0.6022	0.5913	0.5804	0.5695	0.5586
<b>4Mile</b>	0.6435	0.6323	0.6211	0.6099	0.5987	0.5875	0.5763	0.5651	0.5539	0.5427
<b>8kmRoad</b>	0.6567	0.6458	0.6349	0.624	0.6131	0.6022	0.5913	0.5804	0.5695	0.5586
<b>8km</b>	0.6451	0.6338	0.6224	0.6111	0.5997	0.5884	0.5771	0.5657	0.5544	0.543
<b>5MileRoad</b>	0.6567	0.6458	0.6349	0.624	0.6131	0.6022	0.5913	0.5804	0.5695	0.5586
<b>5Mile</b>	0.6452	0.6338	0.6225	0.6111	0.5998	0.5884	0.5771	0.5657	0.5544	0.543
<b>10kmRoad</b>	0.6567	0.6458	0.6349	0.624	0.6131	0.6022	0.5913	0.5804	0.5695	0.5586
<b>10km</b>	0.647	0.6355	0.624	0.6125	0.601	0.5895	0.578	0.5665	0.555	0.5435
<b>12km</b>	0.6567	0.6458	0.6349	0.624	0.6131	0.6022	0.5913	0.5804	0.5695	0.5586
<b>15km</b>	0.6567	0.6458	0.6349	0.624	0.6131	0.6022	0.5913	0.5804	0.5695	0.5586
<b>10Mile</b>	0.6567	0.6458	0.6349	0.624	0.6131	0.6022	0.5913	0.5804	0.5695	0.5586
<b>20km</b>	0.644	0.6331	0.6222	0.6113	0.6004	0.5893	0.5777	0.5652	0.5519	0.5379
<b>Half.Mar</b>	0.6408	0.6299	0.619	0.6081	0.5971	0.5855	0.5731	0.5601	0.5464	0.532
<b>25km</b>	0.6379	0.6267	0.615	0.6028	0.5902	0.5771	0.5635	0.5494	0.5348	0.5198
<b>30km</b>	0.632	0.6195	0.6066	0.5934	0.5799	0.5659	0.5516	0.537	0.522	0.5066
<b>Marathon</b>	0.6155	0.6021	0.5885	0.5746	0.5605	0.5462	0.5317	0.5169	0.5019	0.4868
<b>50km</b>	0.6155	0.6021	0.5885	0.5746	0.5605	0.5462	0.5317	0.5169	0.5019	0.4868
<b>50Mile</b>	0.6155	0.6021	0.5885	0.5746	0.5605	0.5462	0.5317	0.5169	0.5019	0.4868
<b>100km</b>	0.6155	0.6021	0.5885	0.5746	0.5605	0.5462	0.5317	0.5169	0.5019	0.4868
<b>150km</b>	0.6155	0.6021	0.5885	0.5746	0.5605	0.5462	0.5317	0.5169	0.5019	0.4868
<b>100Mile</b>	0.6155	0.6021	0.5885	0.5746	0.5605	0.5462	0.5317	0.5169	0.5019	0.4868
<b>200km</b>	0.6155	0.6021	0.5885	0.5746	0.5605	0.5462	0.5317	0.5169	0.5019	0.4868